

Experiment 16 Worksheet: Making Ice Cream

Purpose: *(A statement should be made here regarding what your experiment is designed to accomplish.)*

Procedure: *(Describe here how you went about completing your experiment. Use enough detail that someone could repeat it, if necessary. Also reference any books or manual you may have used to assist you.)*

Data:

Describe the appearance of the ice cream:

Questions

Why do we add salt to the ice when making ice cream?

Ice cream contains both carbohydrates (sugars) and lipids (fats). Could you just eat ice cream as your only food source and remain healthy? Why or why not?
